

The following **Covid19 Health and Wellness Policy** applies to all children, the care provider and the care provider's family within Capital Park Preschool.

By signing this Covid Policy parent(s) are confirm every morning they bring their child to Capital Park Preschool that their child(ren), parent(s) and any others living in household are symptom free and that their child has not been given acetaminophen or ibuprofen or any medications in the last 12 hours. A child is required to stay home, if any person who lives in their household have the following symptoms:

*****THERE ARE NO EXCEPTIONS*****

- | | |
|--------------------------------|------------------------|
| -Temperature of 37.8 C (100 F) | -Cough |
| -Runny Nose | -Eye redness/discharge |
| -Rash | -Vomiting/Nausea |
| -Diarrhea | -Muscle Aches |
| -Shortness of Breath | -Fatigue |
| -Lethargic | -Headache |
| -Sore Throat | -Stiff Neck |
| -Loss of Appetite | |

Children who have people living within their households who have returned from out of country travel or are identified as at-risk-for potential of Covid19, must not return to Preschool for 14 days.

UPDATE: This includes travel restriction now includes anywhere off the island. As of November 7th, 2020 the British Columbia Chief Medical Health officer restricted travel too and from the Fraser and Vancouver Coastal Health Regions. As of November 7th 2020 if a member of your household travels off Vancouver Island your child must stay away from daycare until that member of your household has tested negative or waited 14 days.

If displaying symptoms of illness, child must remain home from preschool for 14 days. It is recommended that child be tested for Covid19. If the Covid19 test is negative and the child is symptom free, they may return to the Preschool. However, if child still has any symptoms, child must stay home until symptom free. If parents choose not to have their child tested, they **MUST** keep child home for 14 days at a minimum.

Please Note that this illness policy is in addition to the agreed upon illness policy from your original contract

Please be aware that there may be changes to these policies as things change and new information becomes available. If it becomes necessary to amend the current policies, you will receive the updated version to sign that will either replace or be added to the current pandemic version. Thank you for your patience and understand as we work through this together.

HOURS

Capital Park Preschool HOURS WILL BE 8:00am to 4:30pm This is to allow for extra cleaning.

DROP OFF

When you bring your child to daycare, please text me when you arrive. Or open the door and usher them into the preschool without entering the building.

Parent(s) are NOT to enter daycare home during the pandemic. The bathroom in the house will be out of bounds to parents at this time.

PICK UP

Unless we are already outside there is to be only 1 family picking up at a time. For instance, should 2 families show up at the same time, 1 will have to wait either in their vehicle or away from the entrance until other parent has finished pick up.

When you arrive to pick up your child, please text or call me and I will bring your child out to you on the porch. If we are outside, you will collect you child(ren) from the front yard.

HYGIENE

Hand washing is our biggest defence against germs. Please wash your child's hands before they enter Preschool using the hand washing station located on the porch. Children's hands will be washed before and after meals, after using the toilet, when coming in from outside, and after nose wiping.

MEALS:

Currently I am offering to supply all food.. This is a optional program and an extra food cost of \$60 a month should be added to your monthly tuition if you would like to participate. If you choose not to participate in this program please keep in mind, there will be no microwave to warm up food, so thermos or cold foods only please. I will also still be unable to put the lunches in the fridge so please pack an ice pack if need.

TOYS

Toys from home will not be permitted to come to Preschool at this time. All soft toys (stuffed animals, soft dolls, doll clothing, pillows) will not used in care during the Pandemic. There will be a limited number of toys available for the children, due to sanitization procedures. I will rotate them every few days so that there will still be a variety of materials during the week. Any and all toys put in the mouth or licked, will go directly into the toy washing bin.

CLEANING/SANITIZATION

Inside preschool, all toys, furniture, shelving, tables, counters, doorknobs, light switches, gates, cupboards, etc., will be sanitized daily with a sanitizing solution. Bathroom toilet and sink will be sanitized multiple times a day. Floors in playroom and bathroom will be cleaned and washed daily. Should a child use the toilet and miss, the floor will be sanitized immediately. All other floors in daycare area will be cleaned daily. Eating surfaces will be sanitized before and after each use. The change mat will be sanitized after each use (as always). Napping mats will be sanitized daily. BLANKETS for nap time are stored separately and washed weekly.

NAP TIME

Napping mats will be spaced throughout the preschool room to keep as much distance as possible between each child.

SUNSCREEN

Parent(s) will sunscreen child(ren) before coming to care. I have purchased a couple of different spray on sunscreens to find out which one will be best without rubbing in, so it can easily be applied while we are out. I will leave a bottle of sunscreen on the porch for parents to use if they forget.

EXTRA CLOTHES/BACKPACKS

The less items that we have coming into the daycare, the better. If child is in diapers send a supply to be left at daycare, please bring an extra set of clothing in case of accidents. Extra clothing will be kept in a baggy and put in their cubbie, I will wash and replenish the spare clothes as needed. Please send your child with a coat or hoodie, appropriate footwear each day. It is recommended backpacks NOT be brought to Daycare at this time.

INSIDE/OUTSIDE PLAY

Preschool will be run differently for the duration of the Pandemic as per guidelines. Toys inside and outside will be limited. As weather permits, the preschool will be more outdoor based. There will be more "nature" themed activities. Craft items will be distributed to each child as crafts are done and stored separately. There will be story times for children to unwind. There are some items that are not allowed, I will be following regulations and removing items should it be requested, or replacing items should bans be lifted.

PROVIDER SICK DAYS

Provider sick days will be increased from 6 to 10 days to account for the possibility of a covid closure.

FEE'S

Full fees will be charged if you return, along with sick days. Please make sure your subsidy is in place before returning, otherwise parents will be charged. Subsidized parents will pay their top up fees.

FOR PARENT(S) - I feel the following are important steps for parent(s) and caregiver to work on together

- working with child(ren) to cough into the bend of their arm
- working with child(ren) to sneeze into the bend of their arm or into a tissue.-working with child(ren) not to use their hand/arm to wipe their nose
- working with child(ren) not to touch others or daycare items if they have wiped their nose with their hand - they need to know to come to caregiver so I can wash their hands before touching items if they have put finger etc in mouth or nose
- working with child(ren) not to put fingers in mouth or nose and to not lick their hands/arms
- working with child(ren) not to share food or eat/drink from others cups/plates, use other's utensils etc.

ILLNESS/SICKNESS

If a child has a fever, cough, headache, body aches, ear aches, sore throat or any signs of illness, they must be removed from care for 10 days until symptom free. If any family member in child's home has any of the above symptoms, the child must remain at home for 10 days until symptom free before returning. Caregiver will need to follow same policy should she get sick.

Should child(ren) get sick in Preschool, I will contact parent(s) to pickup child(ren) immediately (within 45 minutes). Child will be placed in an area in view of caregiver all times. Once parent(s) msg to say they are at the house, i will take child(ren) to parents whether we are outside waiting or inside home. Child will have to stay home for 10 days, or if symptoms of covid19, could be tested and if negative, can return to Preschool if they are symptom free. Testing child is parent(s) choice. Should parent's not be able to come and pickup child(ren), they are to have an emergency contact that WILL pickup in the allotted time frame. Parent's are to also explain the pickup procedures to emergency person.

Non-compliance to Policies

With strict protocols set out by the government to lessen our risk, we must ensure that ALL FAMILIES are able to follow these protocols. If they are not able to or if a child has too much difficulty, child will need to be kept home as per the BC Health Guidelines.

Parent(s) MUST inform daycare if they know they have been in contact with a person that has Covid19. Parent(s) will KEEP ALL persons "self-isolated" for a period of 14 days, if child/parent(s) are symptom free, child can return to care, if someone in household still has symptoms, child must stay home until everyone is symptom free.

If a family fails to follow this Pandemic policy it will be grounds for immediate termination of our contract. Our Preschool is acting as a family we have all agreed to increase our bubble to include all the preschool families, if one family is unable to follow the directions set out in this contract they put the entire group at risk and will be asked to leave. There fees will not be refunded.

Child's Name.

Parent's Name

Date

Signature